

**RESOLUTION No. 24-63**

**A RESOLUTION OF THE MAYOR AND THE CITY COUNCIL OF THE CITY OF DORAL, FLORIDA, AUTHORIZING THE CITY MANAGER TO INCREASE THE CONTRACTED AMOUNT FOR THE PROFESSIONAL SERVICES AGREEMENT WITH MIND BODY SOCIAL FOR AN ADDITIONAL \$6,000.00 FOR A NOT TO EXCEED AMOUNT OF \$21,000.00; AUTHORIZING THE CITY MANAGER TO EXECUTE SAID AGREEMENT AND TO DO ALL THINGS NECESSARY TO EFFECTUATE THIS RESOLUTION; PROVIDING FOR IMPLEMENTATION; AND PROVIDING AN EFFECTIVE DATE**

**WHEREAS**, in November of 2016, “Step Up Your Health, Doral!” Program was created, and became part of the Mayor’s Wellness Initiative, which encourages the entire community; residents, employees, and businesses, to get healthier together; and

**WHEREAS**, the main goals of this initiative were to increase and raise awareness of mental health issues, promote higher fitness levels, making fitness a life goal, offer proper nutritional education, promote alternatives modes of transportation, and increase sense of community; and

**WHEREAS**, in 2017, Mind Body Social met with City staff to discuss the possibility of partnering with the City in order to increase wellness within the community through their innovative programming; and

**WHEREAS**, in 2019, the partnership was formalized through a Professional Services Agreement which was approved by Council (Res. No. 19-282); and

**WHEREAS**, Mind Body Social has been providing monthly programming through the Wellness Wednesday program which has been extremely successful providing free wellness classes at a different park each month with an attendance ranging from 50-400 participants. Beginning in May 2023 services expanded to offer continue offering

additional monthly programming such as VXN Workouts, Zumba classes and Mental Health Awareness month events; and

**WHEREAS**, to continue offering all of increased monthly classes to the community for FY 23-24, an increase of \$6,000 is required to cover the increased rate of programming due to inflation and price increases seen with instructors; and

**WHEREAS**, the City Manager respectfully requests approval from the Mayor and City Council to increase the contracted amount for the Professional Services Agreement with Mind Body Social to an additional \$6,000.00 for a not to exceed of \$21,000.00 per fiscal year. Funding is available is 001.90005.500340 (Contractual services-other).

**NOW THEREFORE, BE IT RESOLVED BY THE MAYOR AND THE CITY COUNCIL OF THE CITY OF DORAL, FLORIDA, AS FOLLOWS:**

**Section 1. Recitals.** The above recitals are confirmed, adopted, and incorporated herein and made a part hereof by this reference.

**Section 2. Approval & Authorization.** The Mayor and City Council, approve and authorize the City Manager to increase the contracted amount for the Professional Services Agreement with Mind Body Social to an additional \$6,000.00 not to exceed \$21,000.00. Funding is available is 001.90005.500340 (Contractual services-other).

**Section 3. Implementation.** The City Manager and the City Attorney are hereby authorized to take such action as may be necessary to implement the provisions of this Resolution.

**Section 4. Effective Date.** This resolution shall take effect immediately upon adoption.

The foregoing Resolution was offered by Vice Mayor Puig-Corve who moved its adoption. The motion was seconded by Councilmember Pineyro and upon being put to a vote, the vote was as follows:

Mayor Christi Fraga	Yes
Vice Mayor Oscar Puig-Corve	Yes
Councilwoman Digna Cabral	Yes
Councilman Rafael Pineyro	Yes
Councilwoman Maureen Porras	Yes

PASSED AND ADOPTED this 10 day of April, 2024.



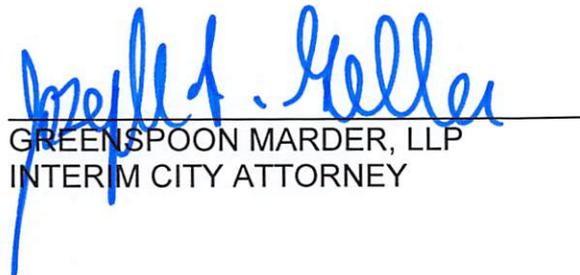
CHRISTI FRAGA, MAYOR

ATTEST:



CONNIE DIAZ, MMC  
CITY CLERK

APPROVED AS TO FORM AND LEGAL SUFFICIENCY  
FOR THE USE AND RELIANCE OF THE CITY OF DORAL ONLY:



GREENSPOON MARDER, LLP  
INTERIM CITY ATTORNEY